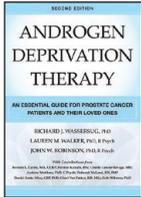

BOOK REVIEW

Androgen Deprivation Therapy: An Essential Guide for Prostate Cancer Patients and Their Loved Ones, 2nd Edition

Richard J. Wassersug, John Robinson, R. Psych, Lauren Walker



ISBN: 9780826183910, 190 pages
Publisher: Springer Publishing Company
Rating: ★★★ (three stars out of five)

Description

Experts in medical specialties who effectively care for prostate cancer patients provide an important guide for managing the side effects of androgen deprivation therapy (ADT) for both patients and their loved ones.

Purpose

The authors provide up-to-date information on ADT products and their mechanism of action. They also discuss the possible side effects associated with the medications and the most effective ways to manage those adverse effects. This is a wonderful guidebook for patients.

Audience

This guide can be used by patients, family members, and friends as a means of navigating the road while on ADT. It is also an effective reference for healthcare professionals who care for prostate cancer patients on ADT.

Features

The book thoroughly explains ADT and discusses the physical and psychological side effects of the treatment as well as the best methods to help manage them. It also helps patients and their loved ones to manage the side effects related to their interpersonal and, when applicable, their intimate relationships. It uses pharmaceutical, holistic, and physical activity methods in the most comprehensive manner to deal with the extensive list of side effects facing these patients. Additionally, it provides methods for patients to address their questions and concerns and offers suggestions (with space for taking notes) on how to approach these issues with providers and friends/family. The chapters are well organized, concise, and easy to navigate. They are accompanied by bolded paragraphs and charts that summarize the contents of each section.

Assessment

This will become a necessary book for patients being treated with ADT for prostate cancer. It is a portable, reader friendly guide that provides a concise, yet comprehensive approach to managing the side effects and interpersonal relationships of these patients.

Reviewer: Anne E. Calvaresi, DNP, CRNP, RNFA

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