

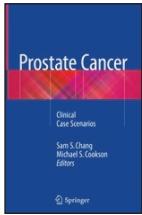
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# BOOK REVIEW

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## Prostate Cancer: Clinical Case Scenarios

*Sam S. Chang, MD, Michael S. Cookson*



ISBN: 9783319786452, 202 pages  
Publisher: Springer International Publishing  
Rating: ★★★★★ (four stars out of five)

### Description

Prostate cancer remains the most common genitourinary malignancy managed by urologists, and as noted in the foreword to this book, there is a great deal of research and effort put into prostate cancer management. This has led to rapid advances in the field, making it difficult for clinicians to remain up-to-date; unfortunately, nuances in management may be difficult to appreciate in traditional textbooks. In this first edition by Dr. Chang and Dr. Cookson, they approach a complex topic through clinical case scenarios. With the assistance of experts in the field, they address the nuanced management and decision making that is required in each of these not uncommon clinical scenarios.

### Purpose

By using common case scenarios spanning the spectrum of prostate cancer presentation, the authors help highlight the latest research and current expert opinions on their management. As opposed to traditional didactic textbooks, the authors provide practical day-to-day guidance by placing these findings in the context of clinical scenarios.

### Audience

Due to the nuanced nature of the clinical cases, this book is specifically targeted to clinicians who manage a large volume of prostate cancer patients. As it encompasses a broad spectrum of disease states, it is relevant for clinicians in multiple disciplines outside of just urology, including radiation oncologists and medical oncologists. However, at the same time, it is also relevant for trainees in the field, as it provides insights into the latest literature and controversies of prostate cancer management.

### Features

This book is organized smoothly, as each case transitions through the management of prostate cancer from the prediagnosis screening setting all the way through the management of metastatic prostate cancer. Along the way, chapters touch upon cases of localized and oligometastatic disease. Each chapter starts with a short clinical vignette around which the rest of the chapter is based. Usually following an introduction and background of the clinical question, the authors of each chapter then highlight the recent literature in the field related to the question. They provide comprehensive reviews of the options for management, including the risks and benefits of each. When appropriate, they also weigh in with their expert opinion.

### Assessment

This recent addition to the prostate cancer educational forum is an important book for all practicing clinicians who manage prostate cancer. The succinct chapters enable quick review of key topics and controversies in prostate cancer management. By providing these in the setting of clinical vignettes, the authors give clinicians an easier way to understand these nuanced topics.

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