
INTRODUCTION

Recently, there has been a strong trend for men to get their medical care services for their health issues at Men's Health Centers (MHC) in the United States. Urologists are an integral part of the comprehensive team and often head these MHCs. The care delivered at MHCs are variable and can range from a comprehensive multi-disciplinary approach in men's healthcare to a simple focus on men's common urologic issues. At many comprehensive MHCs, diagnostic testing as well as therapeutic agents may be available to rapidly resolve complex issues and help patients develop a therapeutic plan for management of their issues. In 2018 Jefferson established a comprehensive Mens Health Center at our Navy Yard facility in South Philadelphia. In our 3rd Annual Urology Symposium, *Men's Health Forum*, we review the common urologic issues affecting men to seek specialty care at a MHC.

Historically, the most common reason men seek specialty services at the MHCs is for sexual dysfunction often associated with erectile dysfunction, Peyronie's disease, and low testosterone levels. Additionally, many men will seek care at an MHC for screening for prostate cancer, lower urinary tract symptoms associated benign prostatic hyperplasia (BPH), and urinary incontinence often associated after their treatment for prostate cancer. In our 3rd Annual Jefferson Urology Symposium, nationally recognized experts in their subspecialties discussed the topics mentioned above. The lectures included *Controversies in Testosterone Replacement, Innovative Strategies in Managing Peyronie's Disease, Surgical and Medical Management of Erectile Dysfunction, New Technologies for the treatment of BPH and Current Techniques in the Management of Post-Prostatectomy Incontinence*. In addition, there was a lecture and discussion on *Strategies in Developing a MHC*. Unfortunately, this may have been the last in person conference attended by many of the participants since it occurred just prior to the shutdown due to ongoing COVID-19 pandemic.

This supplement summarizes the data presented at the meeting with a current literature review. We hope that you find this information helpful and useful as a quick reference guide to incorporate these new technologies and techniques into your practice.

I want to thank the visiting faculty, our Jefferson Urology faculty and urology residents who contributed to the meeting. A special acknowledgement to our outstanding the Jefferson Urology Scholar senior research students who helped put this supplement together. Lastly thanks to our corporate sponsors for their support of Men's Health initiatives.

*Akhil K. Das, MD
Thomas Jefferson University
Philadelphia, PA USA*