Evidence-Based Urology, 2nd Edition
Philipp Dahm (Editor) and Roger Dmochowski (Editor)

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Rating: ★★★★ (four stars out of five)

Description
This is the second edition of a book on incorporating the fundamentals of evidence-based medicine into urology practice. It is broken down into clinical questions on major topics in urology. Each question is informative and instructive on how to incorporate evidence-based medicine into writing as well as into practice. The previous edition was published in 2010.

Purpose
The purpose is to educate readers on the fundamentals of evidence-based medicine and to answer important clinical questions directly relevant to patient management based on the evidence. These worthy objectives are successfully met. Each clinical question includes an abbreviated systematic review, rating of the quality of evidence, and management recommendations.

Audience
The audience includes residents and practitioners who are interested in learning about evidence-based medicine and seeking abbreviated systematic review of important issues in urology. The book is targeted at urologists, but it may be used by any practitioner interested in learning more about urology. It meets the needs of the intended audience. The authors and contributors are prominent physicians in their respective urological subspecialties.

Features
An excellent introduction to evidence-based methods, ranging from how to search for evidence to developing evidence-based clinical practice guidelines, begins the book. The subsequent chapters each include three to seven focused clinical questions from all subspecialties of urology. These questions are not meant to encompass all aspects of urology, but they do address the most relevant clinical questions. The breakdown of each question is unique in that it involves an abbreviated systematic review, grading of the evidence, and clinical recommendations based on the data. High-quality, relevant images and illustrations augment the text.

Assessment
This is a valuable book for all who care for urological patients. Every provider should have a foundation in evidence-based medicine and be familiar with interpreting and applying clinical knowledge to patient care. This book helps readers to achieve both. It addresses today’s most relevant clinical questions in a manner that enables readers to practice evidence-based medicine skills. This edition includes new clinical questions.

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