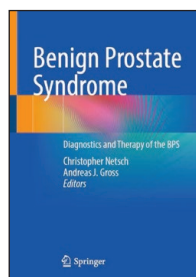

BOOK REVIEW

Benign Prostate Syndrome: Diagnostics and Therapy of the BPS

Christopher Netsch



ISBN: 9783662670569, 253 pages
Publisher: Springer Nature
Rating: ★★★★★ (four stars out of five)

Description

This book is a comprehensive review of the diagnosis and medical and surgical treatment options available for benign prostate syndrome (BPH) in the modern era. This second edition updates the prior version, published nearly 20 years ago, and does a good job of including advancements in the field that have taken place in the interim.

Purpose

The book's purpose is to provide a comprehensive and readable review on BPH in the era of the internet. The authors strive to offer a credible and condensed source for providers to lean on in a time when fact-checking sources online is challenging, and finding incomplete information is prevalent. The book meets this objective convincingly.

Audience

The book is written for residents and providers in the community. Specialties that will most benefit primarily include urology and family medicine/primary care. The book will be a valuable source of information for these groups. The authors are renowned urologists in Germany and are credible authorities on the topic.

Features

The book is structured into chapters starting with epidemiology and anatomy as good background material. It progresses intuitively into chapters on diagnosis, including lab work, imaging, and cystoscopy, and does a good job of being comprehensive while simultaneously easily readable. The book covers medical and surgical treatment options which are each comprehensive and sufficiently up to date with references. The final chapters tie in economic factors and guidelines-based medicine to aid providers in decision making. The book's best features are its readability and the fact that it comprehensively includes all relevant modalities in an ever-expanding umbrella of treatment options. One shortcoming is that some of the hand drawn sketches of pressure-flow relationships and prostate anatomy are of poor quality.

Assessment

This book is a high-quality, relevant addition to the urologic literature and will be valuable to any practitioner of general urology. It certainly justifies replacing the previous edition.

Score: Weighted Numerical Score: 94 - ****

Reviewer: Brian Calio, MD

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