Is simpler better? Quality of life based on type of urinary diversion

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Although it has been reported that continent urinary diversions may not have increased morbidity in the short term,9 practically speaking, these diversions do require more effort and diligence than an ileal conduit. Ultimately, it is a very personal patient decision as to the type of urinary diversion that one chooses. Clearly, there are some patients whose self-image and other subjective, difficult to elucidate features dictate a continent urinary diversion. A patient choosing a continent urinary diversion requires extensive counseling to ensure that he/she understands the limitations of continent diversions and that these diversions do not function in a similar fashion as a “normal” bladder. In the appropriately selected, highly motivated patient, a continent urinary diversion is a reasonable choice, however as the present study seems to indicate, the majority of patients undergoing cystectomy are equally served with an ileal conduit.

References


