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# LETTER TO EDITOR

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**Letter to the Editor - Re: Blaivas JG, Tsui JF, Mekel G, Benedon MS, Li B,  
Friedman FM, Weinberger JM, Weedon J, Weiss JP.  
Validation of the lower urinary tract symptom score.  
*Can J Urol* 2015;22(5):7952-7958.**

BLAIVAS JG, WEISS JP. Letter to the Editor - Re: Blaivas JG, Tsui JF, Mekel G, Benedon MS, Li B, Friedman FM, Weinberger JM, Weedon J, Weiss JP. Validation of the lower urinary tract symptom score. *Can J Urol* 2018;25(1): 9152-9153.

There has been considerable interest in the Lower Urinary Tract Symptom Score© (LUTSS) which was validated in the study cited above. To our knowledge, it is the only questionnaire validated for both men and women that encompasses almost all lower urinary tract symptoms and provides a granular grading system for urinary urgency.

At the time of publication, the actual questionnaire was inadvertently not included, so it is has not been available in the public domain. The LUTSS© is depicted on the following page in its entirety.

Respectfully,

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**Table 1.** The lower urinary tract symptom score (LUTSS) questionnaire.

<p><b>1. How many times do you usually urinate during the day?</b></p> <ul style="list-style-type: none"> <li>a. 8 or less times</li> <li>b. 9 – 10 times</li> <li>c. 11 – 12 times</li> <li>d. 13 – 14 times</li> <li>e. 15 or more times</li> </ul> <p><b>2. How many times do you usually urinate at night (from the time you go to bed until the time you wake up for the day)?</b></p> <ul style="list-style-type: none"> <li>a. 0 – 1 time</li> <li>b. 2 times</li> <li>c. 3 times</li> <li>d. 4 times</li> <li>e. 5 or more times</li> </ul> <p><b>3. What is the reason that you usually urinate?</b></p> <ul style="list-style-type: none"> <li>a. Out of convenience (no urge or desire)</li> <li>b. Because I have a mild urge or desire (but can delay urination for over an hour if I have to)</li> <li>c. Because I have a moderate urge or desire (but can delay urination for more than 10 but less than 60 minutes if I have to)</li> <li>d. Because I have a severe urge or desire (but can delay urination for less than 10 minutes)</li> <li>e. Because I have desperate urge or desire (must stop what I am doing and go immediately)</li> </ul> <p><b>4. Once you get the urge or desire to urinate, how long can you usually postpone it comfortably?</b></p> <ul style="list-style-type: none"> <li>a. More than 60 minutes</li> <li>b. About 30 – 60 minutes</li> <li>c. About 10 – 30 minutes</li> <li>d. A few minutes (less than 10 minutes)</li> <li>e. Must go immediately</li> </ul> <p><b>5. How often do you get a sudden urge or desire to urinate that makes you want to stop what you are doing and rush to the bathroom?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul> <p><b>6. How often do you get a sudden urge or desire to urinate that makes you want to stop what you are doing and rush to the bathroom but you don't get there in time (i.e. you leak urine or wet pads)?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul>	<p><b>7. How often do you experience urine leakage related to physical activity (lifting, bending, and changing positions, coughing or sneezing)?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul> <p><b>8. How often do you wet yourself, your pads or your clothes without any awareness of how or when it happened?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul> <p><b>9. In your opinion how good is your bladder control?</b></p> <ul style="list-style-type: none"> <li>a. Perfect control</li> <li>b. Very good</li> <li>c. Good</li> <li>d. Poor</li> <li>e. No control at all</li> </ul> <p><b>10. How often do you have a sensation of not emptying your bladder completely after you finish urinating?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul> <p><b>11. How often do you stop and start during urination?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul> <p><b>12. How often do you have a weak urinary stream?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul> <p><b>13. How often do you push or strain to begin urination?</b></p> <ul style="list-style-type: none"> <li>a. Never</li> <li>b. Rarely</li> <li>c. A few times a month</li> <li>d. A few times a week</li> <li>e. At least once a day</li> </ul> <p><b>14. How bothered are you by your bladder symptoms?</b></p> <ul style="list-style-type: none"> <li>a. Not at all</li> <li>b. A little bit</li> <li>c. Somewhat bothersome</li> <li>d. A lot</li> <li>e. I find it intolerable</li> </ul>
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